



T-Ball Rules:

T-Ball is a non-competitive, instructional league designed to introduce young children to the fundamentals of baseball/softball in a fun and supportive environment. The goal is to teach basic skills such as throwing, catching, hitting, and base running, while promoting teamwork, sportsmanship, and physical activity. Game Length – 3 innings or 60 minutes, whichever comes first.

- 1) Base Distance – 50 feet
- 2) Batting Tee – An adjustable tee will be placed on home plate.
- 3) Catchers are allowed, must stand further back to allow space for batting.
- 4) Each team bats all players in an inning, with the last batter “clearing” all the bases.
- 5) If the batter swings and misses 3 times, a coach may help the player hit the ball.
(Light Guidance)
- 6) Batters must drop the bat after the ball is hit. No throwing bats.
- 7) Outs will not be counted.
- 8) Runners may only advance one base at a time, unless they are the final batter of the inning. The final batter of the inning will run all bases.
- 9) No stealing or leading off.
- 10) Base coaches may assist and guide runners.
- 11) Defense – All players are placed in the field each inning. Traditional defensive positions are encouraged, with extra players placed in the outfield.
 - a. Fielders should be encouraged to throw to first base, or the closest appropriate base.
- 12) No score is kept, no winners or losers. This division is focused on learning and development.
- 13) Standings are not kept.
- 14) Coaches are allowed on the field to guide players and keep the flow of the game.

Gameday Equipment

- 1) Game balls will be provided.
- 2) Tee will be provided.
- 3) Teams may bring their own bucket of balls for warm-up.
- 4) Teams must be dressed in matching-colored shirts, no two players may wear the same number.
- 5) NO METAL CLEATS

Coaching Guidelines

- 1) Coaches are encouraged to be on the field both offensively and defensively.
- 2) Keep instruction positive and focused on effort and learning.
- 3) Only coaches should be on the field during play. Parents and spectators are to remain behind the fence or on the sideline.

Parent and Spectator Guidelines

- 1) Positive cheering only – No yelling at players, coaches, or umpires.
- 2) Encourage your child and others with praise and support.
- 3) Any inappropriate behavior may result in removal from the field area.
- 4) **Any behavior that escalates toward or results in a physical confrontation will not be tolerated. This includes, but is not limited to, fighting, attempting to fight, pushing, shoving, striking, threatening physical harm, or leaving the bench/sideline area to engage in a dispute.**
 - a. **Any player, coach, parent, or spectator involved in such conduct may be subject to immediate disciplinary action, including ejection from the game and removal from the league without prior warning. The Augusta Recreation Commission reserves the right to determine additional consequences as deemed appropriate.**

Safety Rules

- 1) No horseplay or pushing is allowed.
- 2) Players must remain in the dugout when not playing.
- 3) Ensure water is available and encourage frequent breaks in hot weather.

Weather Policy

- 1) Lightning: Fields cleared immediately, delayed 15 minutes from the previous strike. Games may also be rescheduled after the first strike if the site supervisor determines the delay will be a long period of time.
- 2) Rain: Games will be played unless field conditions are unsafe.
- 3) Cancellations: Announced via email or call at least 1 hour prior to game time.
- 4) Heat: If the heat index is too high, the game will be shortened to 2 innings.

Questions: Send an Email to sports@augustaksrec.com